

MAAA Open Championships 2017 - Wednesday 10 May 2017

TIME	TRACK		
06:00	3000m Steeplechase	Open	M
06:30	3000m Steeplechase	Open	W
07:00	10000m	Open	M,W

MAAA Open Championships 2017 - Saturday 13 May 2017

TIME	TRACK			JUMPS			THROWS		
03:30	100m (SF)	Open	M	High Jump	Open	M	Hammer	Open	M/W
03:50	100m (SF)	Open	W						
04:00				High Jump	Open	W			
04:05	1500m	Open	M						
04:20	1500m	Open	W						
04:35	400m	Open	M						
04:45	400m	Open	W	Triple Jump	Open	M,W	Javelin	Open	M,W
05:00	100m (F)	Open	M						
05:10	100m (F)	Open	W						
AWARDS									

MAAA Open Championships 2017 - Sunday 14 May 2017

TIME	TRACK			JUMPS			THROWS		
03:30	400m hurdles	Open	M	Pole Vault	Open	M,W	Discus	Open	MW
03:45	400m hurdles	Open	W						
04:05	110 Hurd	Open	M						
04:10	100 Hurd	Open	W						
04:30	200m	Open	M	Long Jump	Open	M,W	Shot	Open	M,W
04:40	200m	Open	W						
04:55	800m	Open	M						
05:00	800m	Open	W						
05:15	5000m	Open	M						
05:45	5000m	Open	W						
05:55	4x100m	Open	M						
06:05	4x100m	Open	W						
AWARDS									