

MALTA AMATEUR ATHLETIC ASSOCIATION - BEST PERFORMANCES 2013 (MEN)

100m

1	10.85	0.6	Camilleri, Steve	92	PEMBROKE ATHLETA	08/05/2013	MAAA National Champ. 2013
2	10.89	1.1	Grech, Andy	90	PEMBROKE ATHLETA	04/05/2013	MAAA Challenge Meet 4
3	10.90	1.1	Chouhal, Rachid	76	LIBERTAS	04/05/2013	MAAA Challenge Meet 4
4	10.93	0.6	Bezzina, Luke	95	ALLCOMERS	08/05/2013	MAAA National Championships 2013
5	11.29	0.6	Bonello, Mario	74	LA SALLE	05/07/2013	MAAA Challenge Meet 5
6	11.29	0.6	Mifsud, Julian	89	PEMBROKE ATHLETA	08/05/2013	MAAA National Champ 2013
7	11.30	-1.1	Mallia, Jeandre	90	PEMBROKE ATHLETA	23/03/2013	2013 MAAA Clubs' League No 1
8	11.39	0.6	Marinov, Alexander	85	PEMBROKE ATHLETA	08/05/2013	MAAA National Champs 2013
9	11.41	0.4	Dimech, Lauren	91	ATHLETIX AC	08/05/2013	MAAA National Champs 2013
10	11.42	0.6	Borg Saywell, Eric	97	ALLCOMERS	08/05/2013	MAAA National Champs 2013

Hand-timed

10.9h	1.3	11.14	Dimech, Lauran	91	ATHLETIX AC	31/07/2013	Summer Meet 1 2013
11.0h	1.3	11.24	Borg Saywell, Eric	97	ALLCOMERS	31/07/2013	Summer Meet 1 2013

200m

1	22.20	1.8	Camilleri, Steve	92	MALTA	28/05/2013	Games for the Small States of Europe
2	22.43	1.3	Bezzina, Luke	95	ALLCOMERS	07/05/2013	MAAA Challenge Meet 5
3	22.85	1.3	Bonello, Mario	74	LA SALLE	05/07/2013	MAAA Challenge Meet 5
4	23.01	-1.0	Brimmer, Neil	84	ZURRIEQ W.	23/03/2013	2013 MAAA Clubs' League No 1
5	23.07	-1.0	Mallia, Jeandre	90	PEMBROKE ATHLETA	17/07/2013	2013 MAAA Clubs' League No 3
6	23.12	0.6	Moghrabi, Stephen	88	LIBERTAS	10/07/2013	MAAA Challenge Meet 6
7	23.21	1.7	Croker, Matthew	89	SAVIO A C	08/05/2013	MAAA National Championships 2013
8	23.34	1.0	Dimech, Lauran	91	ATHLETIX AC	07/08/2013	Summer Meet 2 2013
9	23.35	1.6	Marinov, Alexander	85	PEMBROKE ATHLETA	04/05/2013	MAAA Challenge Meet 4
10	23.37	1.0	Borg Saywell, Eric	97	ALLCOMERS	08/07/2013	Summer Meet 2

Wind Assisted

22.24	2.5		Bezzina, Luke	95	ALLCOMERS	04/05/2013	MAAA Challenge Meet 4
22.48	2.5		Chouhal, Rachid	76	LIBERTAS	04/05/2013	MAAA Challenge Meet 4

MALTA AMATEUR ATHLETIC ASSOCIATION - BEST PERFORMANCES 2013 (MEN)

400m

1	47.25		Moore, Kevin	90	MALTA	27/07/2013	Regional Meet 2013
2	49.41		Camilleri, Steve	92	PEMBROKE ATHLETA	08/05/2013	MAAA National Champ 2013
3	49.87		Croker, Matthew	89	SAVIO A C	08/06/2013	MAAA Clubs' League No 2
4	50.61		Brimmer, Neil	84	ZURRIEQ WOLVES	27/04/2013	MALTA INTERNATIONAL
5	52.30		Chetcuti, Christian Luke	94	ALLCOMERS	20/04/2013	MAAA Challenge Meet 3
6	52.83		Herrera, Mark	84	PEMBROKE ATHLETA	20/04/2013	MAAA Challenge Meet 3
7	53.03		Moghrabi, Stephen	88	LIBERTAS	08/06/2013	MAAA Clubs' League No 2
8	53.0h	53.14	Saliba, Daniel	95	PEMBROKE ATHLETA	17/07/2013	MAAA Clubs' League No 3
9	54.35		Cristiano, Andrea	98	STELLA MARIS	08/05/2013	MAAA National Champ 2013
10	54.41		Vella, George	80	ST PATRICK'S	08/05/2013	MAAA National Champ 2013

800m

1	01:58.18		Herrera, Mark	84	PEMBROKE ATHLETA	08/05/2013	MAAA National Champ.
2	01:59.47		Chetcuti, Christian Luke	94	ALLCOMERS	27/04/2013	MALTA INTERNATIONAL
3	01:59.76		Spiteri, Simon	92	ST PATRICK'S	08/05/2013	MAAA National Championships 2013
4	02:00.42		Brimmer, Neil	84	MALTA	22/06/2013	European Team Champ. 3rd Lge
5	02:01.11		Vella, George	80	ST PATRICK'S	05/07/2013	MAAA Challenge Meet 5
6	02:01.21		Mangion, Dario	89	PEMBROKE ATHLETA	27/04/2013	MALTA INTERNATIONAL
7	02:02.07		Camilleri, Steve	92	PEMBROKE ATHLETA	17/07/2013	MAAA Clubs' League No 3
8	02:03.31		Hussen Ahmed, Ibrahim	89	ST PATRICK'S	06/04/2013	MAAA Challenge Meet 2
9	02:03.42		Micallef, Luke	89	PEMBROKE ATHLETA	08/06/2013	MAAA Clubs' League No 2
10	02:04.13		Camilleri, Luke	98	PEMBROKE ATHLETA	27/04/2013	MALTA INTERNATIONAL

MALTA AMATEUR ATHLETIC ASSOCIATION - BEST PERFORMANCES 2013 (MEN)

1500m							
1	03:58.27		Herrera, Mark	84	MALTA	22/06/2013	European Team Champ. 3rd Lge
2	04:08.63		Spiteri, Simon	92	ST PATRICK'S	04/05/2013	MAAA Challenge Meet 4
3	04:13.80		Hussen Ahmed, Ibrahim	89	ST PATRICK'S	08/06/2013	2013 MAAA Clubs' League No 2
4	04:17.91		Debono, Charlton	84	PEMBROKE ATHLETA	08/06/2013	MAAA Clubs' League No 2
5	04:22.95		Camilleri, Luke	98	PEMBROKE ATHLETA	20/04/2013	MAAA Challenge Meet 3
6	04:26.22		Micallef, Luke	89	PEMBROKE ATHLETA	08/05/2013	MAAA National Champ.2013
7	04:29.29		Rota, Matthew	93	LIBERTAS	09/03/2013	MAAA Challenge Meet 1
8	04:30.4h	04:30.40	Camilleri, Nigel	80	PEMBROKE ATHLETA	17/07/2013	MAAA Clubs' League No 3
9	04:32.12		Gerada, Clive	81	ST PATRICK'S	05/07/2013	MAAA Challenge Meet 5
10	04:37.04		Grech, Robert	85	ALLCOMERS	05/07/2013	MAAA Challenge Meet 5

3000m							
1	09:05.37		Hussen Ahmed, Ibrahim	89	ST PATRICK'S	16/02/2013	MAAA Pre Season 2
2	09:05.67		Spiteri, Simon	92	MALTA	22/06/2013	European Team Champ. 3rd Lge
3	9:16.9h	09:16.90	Grech, Mario	81	ST PATRICK'S	02/02/2013	MAAA Pre Season 1
4	9:32.6h	09:32.60	Scuro, Vincenzo	87	LIBERTAS	02/02/2013	MAAA Pre Season 1
5	09:41.67		Camilleri, Luke	98	PEMBROKE ATHLETA	04/05/2013	MAAA Challenge Meet 4
6	10:13.57		Micallef, Luke	89	PEMBROKE ATHLETA	23/02/2013	MAAA Pre Season 3
7	10:20.61		Cristiano, Matthias	91	PEMBROKE ATHLETA	23/02/2013	MAAA Pre Season 3
8	10:22.82		Camilleri, Joseph	98	PEMBROKE ATHLETA	10/07/2013	MAAA Challenge Meet 6
9	10:51.26		Bonett, Isaac	99	PEMBROKE ATHLETA	10/07/2013	MAAA Challenge Meet 6
10	10:51.57		Scicluna, Mattias	99	PEMBROKE ATHLETA	10/07/2013	MAAA Challenge Meet 6

MALTA AMATEUR ATHLETIC ASSOCIATION - BEST PERFORMANCES 2013 (MEN)

5000m						
1	15:39.51	Grech, Mario	81	ST PATRICK'S	20/04/2013	MAAA Challenge Meet 3
2	15:47.40	Hussen Ahmed, Ibrahim	89	ST PATRICK'S	09/03/2013	MAAA Challenge Meet 1
3	15:57.42	Grech, Andrew	78	MELLIEHA AC	08/06/2013	2013 MAAA Clubs' League No 2
4	16:08.43	Balzan, Jonathan	72	ST PATRICK'S	08/05/2013	MAAA National Championships
5	16:25.06	Saliba, Joseph	70	ZURRIEQ WOLVES	09/03/2013	MAAA Challenge Meet 1
6	16:43.10	Gerada, Clive	81	ST PATRICK'S	08/05/2013	MAAA National Championships
7	16:50.11	Grech, Gerald	77	LIBERTAS	08/06/2013	2013 MAAA Clubs' League No 2
8	17:19.00	Spiteri, Simon	92	ST PATRICK'S	06/04/2013	MAAA Challenge Meet 2
9	17:24.81	Rota, Matthew	93	LIBERTAS	08/05/2013	MAAA National Championships
10	17:27.39	Camilleri, Alan	79	MELLIEHA AC	06/04/2013	MAAA Challenge Meet
10000m						
1	33:23.00	Grech, Mario	81	ST PATRICK'S	6/04/2013	MAAA Challenge Meet 2
400m Hurdles						
1	59.38	Daniel Saliba	95	MALTA	22/06/2013	European Team Championships 3rd Lge
3000m Steeplechase						
1	09:45.92	Herrera, Mark	84	MALTA	22/06/2013	European Team Championships 3rd Lge
2	10:33.48	Micallef, Luke	89	PEMBROKE ATHLETA	08/05/2013	MAAA National Champ.2013
4 x100m						
1	41.98	Bezzina L; Chouhal R; Camilleri S; Grech A.		MALTA	01/06/2013	GGSE 2013, Luxembourg
4 x400m						
1	3.18.39	Camilleri S; Brimmer N; Croker M; Moore K.		MALTA	01/06/2013	GGSE 2013, Luxembourg

MALTA AMATEUR ATHLETIC ASSOCIATION - BEST PERFORMANCES 2013 (MEN)

High Jump

1	1.75m		Grech, Ian Paul	93	MALTA	22/06/2013	European Team Champi.s 3rd Lge
2	1.74m		Cassar Torregiani, Andrew	92	PEMBROKE ATHLETA	08/06/2013	MAAA Clubs' League No 2
3	1.73m		Saliba, Daniel	95	PEMBROKE ATHLETA	23/03/2013	2013 MAAA Clubs' League No 1
4	1.68m		Camilleri, David	92	SAVIO A C	06/04/2013	MAAA Challenge Meet 2
5	1.65m		Mercieca, Mark	96	ALLCOMERS	20/04/2013	MAAA Challenge Meet 3
6	1.65m		Mifsud, Bradley	96	PEMBROKE ATHLETA	05/07/2013	MAAA Challenge Meet 5
7	1.60m		Zammit, Benjamin	98	ALLCOMERS	08/05/2013	MAAA National Championships 2013
8	1.55m		Hoiles, Samuel	98	STELLA MARIS	08/05/2013	MAAA National Championships 2013
9	1.55m		Zammit, Bernard	95	PEMBROKE ATHLETA	17/07/2013	MAAA Clubs' League No 3
10	1.55m		Hampton, Michael	95	ALLCOMERS	08/05/2013	MAAA National Championships 2013

Long Jump

1	7.02m	1.1	Grech, Ian Paul	93	PEMBROKE ATHLETA	08/06/2013	MAAA Clubs' League No 2
2	7.01m	1.8	Chouhal, Rachid	76	LIBERTAS	08/06/2013	2013 MAAA Clubs' League No 2
3	6.91m	-1.3	Grech, Andy	90	PEMBROKE ATHLETA	27/04/2013	MALTA INTERNATIONAL
4	6.82m	1.9	Gorrieri, Federico	85	PEMBROKE ATHLETA	05/07/2013	MAAA Challenge Meet 5
5	6.39m	0	Mifsud, Bradley	96	MALTA	22/05/2013	XVII COGI 2013
6	6.30m	0.4	Cassar Torregiani, Andrew	92	PEMBROKE ATHLETA	08/06/2013	MAAA Clubs' League No 2
7	6.24m	-1.2	Bakali Tahiri, Taha	84	STARMAX AC	16/02/2013	MAAA Pre Season 2
8	6.07m	1.9	Sapiano, Godfrey		PEMBROKE ATHLETA	20/04/2013	MAAA Challenge Meet 3
9	5.73m	-3.1	Parnis, Matthew	84	LIBERTAS	23/03/2013	2013 MAAA Clubs' League No 1
10	5.54m	-0.3	Pace Parascandolo, Stefan	99	ZURRIEQ W.	31/07/2013	Summer Meet 1 2013
	Wind Assisted						
	5.56m	3.2	Busuttil, Ryan	96	STARMAX AC	20/04/2013	MAAA Challenge Meet 3

Triple Jump

1	15.05m	-1.5	Grech, Andy	90	MALTA	28/05/2013	Games for the Small States of Europe
2	14.02m	-0.4	Grech, Ian Paul	93	PEMBROKE ATHLETA	06/04/2013	MAAA Challenge Meet 2
3	13.45m	-1.2	Grech, Andy	90	PEMBROKE ATHLETA	08/06/2013	MAAA Clubs' League No 2
4	12.05m	-0.7	Farrugia, Keith	83	LA SALLE	17/07/2013	2013 MAAA Clubs' League No 3
5	11.79m	-1.6	Camilleri, David	92	SAVIO A C	23/03/2013	2013 MAAA Clubs' League No 1
	Wind Assisted						
	11.35m	2.2	Busuttil, Ryan	96	STARMAX AC	20/04/2013	MAAA Challenge Meet 3

Pole Vault

2.60m		Grech, Andy	90	MALTA	22/06/2013	European Team Championships 3rd Lge
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MALTA AMATEUR ATHLETIC ASSOCIATION - BEST PERFORMANCES 2013 (MEN)

Discus (2kg)

1	41.69m	Mifsud, Mario	83	ALLCOMERS	07/08/2013	Summer Meet 2 2013
2	30.12m	Spiteri, Saviour	58	UNATTACHED	08/05/2013	MAAA National Championships 2013
3	25.82m	Parnis, Matthew	84	LIBERTAS	17/07/2013	2013 MAAA Clubs' League No 3
4	25.78m	Dapi, Genc	73	PEMBROKE ATHLETA	08/06/2013	MAAA Clubs' League No 2

Discus 1.75kg

	31.61m	Vella, Daniel	94	ALLCOMERS	08/05/2013	MAAA National Championships
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Discus 1.5kg

	47.07m	Farrugia, Luke	96	PEMBROKE ATHLETA	08/05/2013	MAAA National Champ.
	35.49m	Myburgh, Ben	96	SAN ANTON SCHOOL	02/02/2013	MAAA Pre Season 1

Shot Put (7.6.kg)

1	14.74m	Ransley, Lawrence	81	PEMBROKE ATHLETA	12/09/2013	Palermo ITALY
2	11.95m	Mifsud, Mario	83	ALLCOMERS	08/06/2013	2013 MAAA Clubs' League No 2
3	10.23m	Bonello, Mario	74	LA SALLE	23/03/2013	2013 MAAA Clubs' League No 1
4	9.43m	Bugeja, Malcolm	92	SAVIO A C	08/06/2013	2013 MAAA Clubs' League No 2

Shot Put (6.0kg)

	13.07m	Vella, Daniel	94	ALLCOMERS	08/05/2013	MAAA National Championships
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Shot Put (5.0kg)

	14.44m	Farrugia, Luke	96	PEMBROKE ATHLETA	21/12/2013	6 th Memorial joe Gerada
	12.92m	Mifsud, Bradley	96	PEMBROKE ATHLETA	23/02/2013	MAAA Pre Season 3
	11.96m	Mifsud, Christian	97	PEMBROKE ATHLETA	08/05/2013	MAAA National Championships

MALTA AMATEUR ATHLETIC ASSOCIATION - BEST PERFORMANCES 2013 (MEN)

Javelin (800g)

1	44.77m	Galea, Kevin	83	PEMBROKE ATHLETA	20/04/2013	MAAA Challenge Meet 3
2	40.04m	Dapi, Genc	73	PEMBROKE ATHLETA	08/06/2013	MAAA Clubs' League No 2
3	39.97m	Parnis, Matthew	84	LIBERTAS	08/06/2013	2013 MAAA Clubs' League No 2
4	36.11m	Bonello, Mario	74	LA SALLE	08/06/2013	2013 MAAA Clubs' League No 2
5	34.21m	Herrera, Mark	84	PEMBROKE ATHLETA	17/07/2013	MAAA Clubs' League No 3
6	33.02m	Bugeja, Malcolm	92	SAVIO A C	23/03/2013	2013 MAAA Clubs' League No 1
7	31.49m	Spiteri, Saviour	70	UNATTACHED	08/05/2013	MAAA National Championships 2013

Javelin (700g)

	55.17m	Mifsud, Bradley	96	PEMBROKE ATHLETA	08/05/2013	MAAA National Championships
	37.45m	Mifsud, Christian	97	PEMBROKE ATHLETA	07/08/2013	Summer Meet 2 2013
	36.81m	Grixti, Luka	96	STARMAX AC	27/04/2013	MALTA INTERNATIONAL

Hammer (7.6kg)

1	28.16m	Mifsud, Mario	83	ALLCOMERS	04/05/2013	MAAA Challenge Meet 4
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